

**Ask yourself these questions:**

***Have I engaged in any activity that would allow blood, semen or vaginal fluids of another person to enter my body?***

- Yes
- No

Examples:

- Anal intercourse without a condom?
- Vaginal intercourse without a condom?
- Oral intercourse without a condom?
- Intravenous (IV) drug use with an outfit that has been used by anyone else?

Continue only if you answered YES to any of the above

***How likely is it that blood, semen or vaginal fluid that I was exposed to actually had the HIV virus in it?***

- Very likely or don't know
- Not sure, but don't think so
- Not likely

Examples:

- Man who has sex with another man.
- IV drug user.
- Hemophiliac.
- Sexual partner of any of the above.

Continue only if you answered "Very likely or don't know"

***Where in the country did my high risk behavior(s) take place?***

- New York City, NY
- San Francisco, CA
- Los Angeles, CA
- Other large urban area

Risk is higher in areas where there have been more AIDS cases.

· ***When were my high risk contacts?***

- Within the past ten years
- Within the past five years
- Within the past two years

Except for blood product recipients, high risk acts that took place recently are usually riskier than those that took place in the past.

***How often have I engaged in high risk behaviors?***

Risk increases with the number or frequency of high risk behaviors.

Never -----Very Often