



Parent Questionnaire

You may suspect that your child or teenager is having trouble with alcohol and other drugs, but short of smelling liquor on the breath or discover pills in their pockets, how do you tell? While symptoms vary, there are some common tip-offs. Your answers to the following questions will help determine if a problem exists

- 1. Has your child's personality changed dramatically? Yes ___ No ___
Do they seem giddy, depressed, extremely irritable? Yes ___ No ___
Or hostile without reason? Yes ___ No ___
Does their mood change suddenly, intensely, and without provocation? Yes ___ No ___
2. Is your supply of liquor, mood or diet drugs dwindling? Yes ___ No ___
(Unless you keep a close inventory, you may not detect Diminished amounts for a long time.)
3. Is your child less responsible about doing chores? Yes ___ No ___
About getting home on time? Yes ___ No ___
About following instructions and household hold rules? Yes ___ No ___
4. Has your child lost interest in school? Yes ___ No ___
In extracurricular activities, especially sports? Yes ___ No ___
Are your child's grades dropping? Yes ___ No ___
Have any teachers complained that your child is sleeping or inattentive in class? Yes ___ No ___
(Problems at school are frequent warning signs.)
5. Has your child changed friends are started hanging out with a drinking and drugging group? Yes ___ No ___
Are there weekend long parties? Yes ___ No ___
(A child who is having a problem with alcohol and/or other Drugs will abandon old friends and seek out new friends with similar attitudes and behaviors.)
6. Are you missing money or objects which would be easily Converted into cash? Yes ___ No ___
(A young abuser's need for alcohol and/or other drugs Increased and becomes more expensive. Eventually, The need for alcohol/drugs overcomes any quilt they may Have about stealing from family members or others.)
7. Have neighbors, friends or others talked to you about your child's behavior or drug taking? Yes ___ No ___
(These reports may not be without merit.)
8. Has your child been arrested for drunkenness? Yes ___ No ___
Drive under the influence or alcohol and/or other drugs? Yes ___ No ___
Disorderly conduct? Yes ___ No ___



(Encounters with the legal system often indicate Underlying problems with drugs. There is a strong correlation between alcohol and/or other drug abuse and delinquency.)

9. Does your child strongly defend their right to use Alcohol and/or other drugs? (People defend that which is most important to them.) Yes _____ No _____

10. Does your child "turn off" to talks about alcohol and other drug addictions? (Abusers would rather no hear anything which might Interfere with their behavior, while non-users will listen Without becoming defensive.) Yes _____ No _____

11. Does your child get into fights with other children? With other family members/? (more than 70% of all beatings, stabbings and assaults Have occurred when one or both participants has been Drinking or abusing other drugs.) Yes _____ No _____

12. Are there medical or emotional problems? Check for ulcers, bronchitis, high blood pressure, acute Indigestion liver and kidney ailments, hepatitis, nose bleeds, Malnutrition, weight loss, depression, memory lapses, talk Of suicide. Alcohol and other drugs take their toll. Adolescents On "uppers" or "downers" usually lose their appetites. The Taking of PCP "Angel Dust", leads to paranoia and hallucinations. Long term marijuana users often develop bronchitis. Heavy Drinkers experience problems with digestions, malnutrition and Depression.) Yes _____ No _____

13. Do you detect physical signs-Alcohol on the breath, Change in pupil size in the eyes, hyperactivity. Sluggishness, slurred or incoherent speech? (These are all strong clues.) Yes _____ No _____

14. Does your child lie to you and others often/? (For young abusers, lying becomes automatic. They fib without reason. There is a saying: "Young Alcoholics and other drug abusers have two things in common- they have a terminal attach of the 'cool' and are stuck in 'sneak' gear.) Yes _____ No _____

15. Does your child volunteer to clean up after adult cocktail Parties? (Draining half empty glasses is a cheap high) Yes _____ No _____

16. Do you find bottles or drugs in the bedroom, garage, car? Yes _____ No _____



(Parents of abusers are amazed to find stashes of alcohol Or drugs under mattresses, in stereo speakers, behind Insulation in garages.)

17. Is your child irresponsible in using the family car- taking it Without permission, making excuses for not bringing it (Many teenagers drink in cars and then drive. They frequently cause motor vehicle accidents.) Yes _____ No _____

18. Does your child stay alone in their bedroom most of Time, bursting forth only occasionally? Does your child Resent questions about their activities And destinations? (Some secrecy, aloofness, and resentment on the part of teenagers is normal. But when carried to extremes, these may signal problems with alcohol or other drugs.) Yes _____ No _____
Yes _____ No _____

19. Has your child's relationships with other family members Deteriorated? Does your child avoid family gatherings which they once Enjoyed? (An abuser's ability to relate to others suffers. The primary Family relationships are affected first.) Yes _____ No _____
Yes _____ No _____

20. Has your child been caught dealing in drugs or giving them to friends? Yes _____ No _____

Alcohol and other drug abuse can create "Mr.Hydes" out of once happy children and isolate them from those who love them. The children become strangers and sources of frustration and disruption to the family. If your child's behavior matches any of the warning signals described in this questionnaire, and you want more information, contact us. We can help.